

IMPACT OF COVID-19 SURVEY RESULTS

JERSEY, GUERNSEY, ISLE OF MAN

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INTRODUCTION

Island Global Research undertook regular online surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man.

As COVID-19 was starting to reach our islands, we felt it was important to record the impact. Our aim was to learn how our sample of respondents were being impacted across a range of dimensions, and track how this changed over time.

This report is a compilation of findings released from a series of surveys that were conducted over a 3 month period. The research provides insights into how we perceived the threat, how our lives changed, and how we felt about undertaking different activities as the restrictions imposed were relaxed.

About this survey

Responses were collected as part of a series of nine surveys between 23 March and 28 June 2020. The surveys were conducted online and each survey was open for a week.

The surveys were completed by between 1340 and 1831 residents across the Crown Dependencies (437-606 in Jersey, 501-736 respondents in in the Bailiwick of Guernsey, 367-510 in the Isle of Man).

Our motivation

From time to time, we undertake our own research that will be of interest to people living in Jersey, Guernsey and the Isle of Man. This is one of our surveys, and is an opportunity for us to give back to the Island Communities who participate in our market research. We hope that you find the results interesting and that they are useful for those living and working within the islands.

We would also like to thank the media and others who have helped to disseminate the results and raise awareness of the research we were conducting.

Please get in touch if you would be interested to know more about this series or are interested in additional analysis.

THANK YOU FOR TAKING PART

A series of online surveys each completed by up to 1831 residents across the Crown Dependencies



Up to 606 residents in Jersey



Up to 736 residents in the Bailiwick of Guernsey



Up to 510 residents in the Isle of Man



About Island Global Research

Island Global Research is a market research and consultancy company with experience in both quantitative and qualitative research methods. We regularly conduct market research for clients in the Crown Dependencies.

We are very grateful to everyone who completes our surveys. If you would like to participate in our surveys or hear more from us, please go to our website to find out more: www.islandglobalresearch.com.

Island Global Research is part of the BWCI Group, a member of Abelica Global.

METHODLOGY

Questionnaire

In designing the questionnaire we sought to strike a balance between tracking the impact and looking deeper into key issues.

A small number of questions were repeated in every survey for tracking purposes. Some topics of special interest were repeated in selected surveys so as to provide regular updates. In addition, ad-hoc questions were included where topical or more detail was of interest.

Topics included:

- Perceived threat of COVID-19
- Self-isolation and social distancing behaviours
- Wellbeing and impact on lifestyle
- Education
- Household income
- Work and business
- Travel plans and air-bridges
- Exit strategies
- Whether comfortable to resume a range of activities

Data collection

Nine surveys were undertake over the three month period between 23 March and the 28 June 2020. Each survey was open for one week. See below for the full list of dates.

Each time a survey was launched we contacted our research panels in Jersey, Guernsey and the Isle of Man, inviting them to participate. Links to the survey were also made available on our website, and awareness was also raised through publication of our results, giving other members of the public the opportunity to join the tracker.

We report on the results for the unweighted sample allowing us to track changes within this group. The results are not intended to be representative of the total population of each island. Although not everyone completed every survey, the profile of respondents is relatively stable across the surveys and covers a wide cross-section of island residents.

Data collection took place :	Total sample	Jersey sample	Guernsey sample	Isle of Man sample
23 March – 29 March	1388	437	541	410
30 March – 5 April	1831	585	736	510
6 April – 12 April	1595	515	688	392
13 April – 19 April	1728	606	722	400
20 April – 26 April	1528	496	592	440
27 April – 3 May	1684	582	685	427
11 May – 17 May	1560	555	601	404
25 May – 30 May	1436	481	547	408
22 June – 28 June	1340	454	501	367

IMPACT OF COVID-19 ON OUR ISLANDS

(RESPONSES FROM 23-29 MARCH)

In the past month

87%

87%

STEED MAN

STEED MAN

87%

87%

of respondents postponed or cancelled social plans or events because of COVID-19

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74% **68**% **72**%

of respondents changed, postponed or cancelled travel plans because of COVID-19

In the past week



of parents/guardians said their work had been affected by restrictions imposed on children

RESPONDENTS HAVE BEEN TAKING ACTION TO FOLLOW THE GUIDANCE IN THEIR ISLAND:

% respondents

Self-isolating

37%

30%

47%

Overall, more than a third have been self-isolating in the past week including a quarter of respondents under 30 and two-thirds of those aged 70+. Many had been doing so for more than 1 week.

'Definitely' social distancing

82%

78%

77%

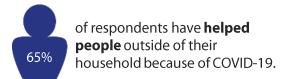
47%

Almost 80% of respondents who were not self-isolating reported definitely adhering to social distancing advice in the previous week. Almost everyone else said they had 'mostly' been doing so.

THANK YOU FOR HELPING EACH OTHER. in the past week...



of respondents have been able to get all or most of the essential grocery items they wanted.



JOIN THE SURVEY

Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man.

You can take part here:

survey.islandglobalresearch.com/s3/COVID19-Mar30

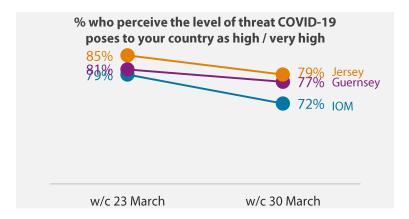
The 'Impact of COVID-19' w/c 23 March survey was undertaken by Island Global Research between 24 and 29 March 2020. The survey was completed by 1,388 residents in the Crown Dependencies (541 Guernsey, 437 Jersey, and 410 Isle of Man).

IMPACT OF COVID-19 ON OUR ISLANDS

(RESPONSES FROM 23 MARCH – 5 APRIL)

Around 80% of respondents think COVID-19 poses a high or very high threat to their country (i.e. rate the threat as 7+ out of 10). Results were similar across the three islands and comparable to the UK.

Although the number of positive cases has been increasing over the past week, perceptions of the level of threat remain relatively stable, and if anything dropped slightly.

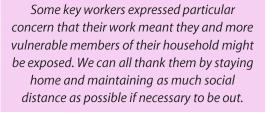


The comments suggest that respondents tended to feel there is less threat this week due to:

- Feeling more adjusted to new routines, having processed some of the shock that was evident in the first week.
- Having tighter stay at home and social distancing measures now in place.
- Additional precautions food retailers are now taking to maintain social distance and cleanliness.
- Increased confidence that other people are now adhering to the social distancing guidelines more effectively.

Respondents consider the level of threat to be higher for family members than they do for themselves. They also tend to be more worried about family and friends in the UK than those living locally, who they can more easily support if needed.

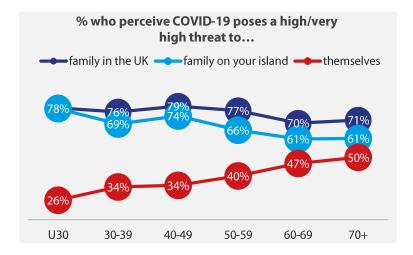
Perceptions of the threat on family are similar across the different age groups, but the perceived threat on themselves increases with age. Around a quarter of under 30s believe COVID-19 poses a high/very high threat to them compared to half of those aged 70+.



Thank you for continuing to help others:



of respondents have **helped people** outside of their household in the last week because of COVID-19.



JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. Many thanks to everyone for sharing your experience.

Take part via:

www.islandglobalresearch.com/news

Surveys on the 'Impact of COVID-19' were undertaken by Island Global Research in w/c 23 March and w/c 30 March. The latest survey was completed by 1,831 residents in the Crown Dependencies. (736 Guernsey, 585 Jersey, and 510 Isle of Man).



IMPACT OF COVID-19 ON OUR MENTAL WELLBEING

(RESPONSES FROM 23 MARCH – 5 APRIL)



Not surprisingly, COVID-19 is having an impact on our mental wellbeing. There's been a significant drop in how satisfied respondents feel with their life now when compared to the beginning of the year.

72% of respondents were 'thriving' at the start of 2020, but now just **25%** of people feel this way.

- Life satisfaction has also decreased since the stay at home requirements were introduced: 25% of respondents who rated their life as 8 or higher out of 10 ('thriving') last week, compared to 30% in the week before.
- Around 1 in 5 respondents are 'suffering', rating their life as 4 or less out of 10.
- Older generations tend to have a more positive outlook: 34% of over 70s were 'thriving' compared to 15% of those under 30.
- The comments reveal that a number of respondents have been experiencing stress, anxiety, depression and/or other mental wellbeing issues as a result of COVID-19. This includes those with and without a history of mental health problems.

% who rate their satisfaction with life as 8 or more (where 0 is worst possible life, and 10 is the best possible life)





25% by end March



"There have been some very moving comments made about mental wellbeing in response to the survey and we'd like to thank those who felt able to share them. Thank you."

Lily Guille, Assistant Manager at IGR, on behalf of the whole team.

Need a bit of extra support and information?

https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/

Details of local services that can help you:

Guernsey: https://www.gov.gg/Covid19together and https://www.gov.gg/covid19community

Isle of man: https://covid19.gov.im/health-wellbeing/mental-health/

Jersey: https://www.mindjersey.org/contact/

If you are experiencing particularly low mood or high levels of anxiety or stress for a sustained period of time, it is advised that you contact your GP to discuss how they can help, and the support that they can provide.

JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. The latest survey (w/c 6 April) focuses on the impact of COVID-19 on wellbeing in more detail, and hopes to learn what strategies people are taking to stay positive during these challenging times.

Take part via: www.islandglobalresearch.com/news

Surveys on the 'Impact of COVID-19' were undertaken by Island Global Research in w/c 23 March and w/c 30 March. The latest survey was completed by 1,831 residents in the Crown Dependencies. (736 Guernsey, 585 Jersey, and 510 Isle of Man).

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IMPACT OF COVID-19 ON WORK AND BUSINESS

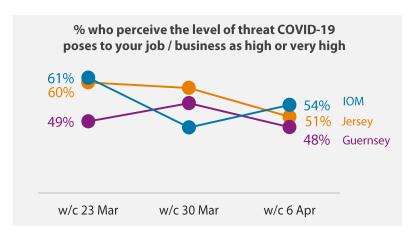
(RESPONSES FROM 23 MARCH – 12 APRIL)

Many business have changed how or when they operate because of COVID-19. For some this had meant introducing more flexible working, however, for others the impact has been more severe as the stay at home requirements means their place of work is temporarily closed and business activity is suspended.

Over the past 3 weeks, respondents in Jersey, Guernsey and the Isle of Man who were economically active (i.e. employed, selfemployed, furloughed/not working due to COVID-19) have told us how COVID-19 has affected their work and business.

More than 80% said they had experienced a change in how or when they work:

- 47% now work from home some or all of the time, and 40% said their working hours had changed because of COVID-19.
- 50% think COVID-19 poses a high or very high threat to their job or their business (i.e. rate the threat as 7+ out of 10). Results were similar across the islands, but there were notable differences by employment status.



In past week, % who perceive threat to job as high/very high Full-time Part-time Self-employed Furloughed / employed employed not working 44% 51% 70% 66%

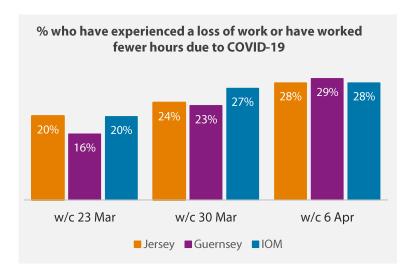
An increasing percentage of people said they had been adversely affected, in that they have been furloughed, are no longer working due to COVID-19, have no regular work or have worked fewer hours.

Self-employed are especially vulnerable:

- 42% said they had to close or suspend business activity,
- 31% saw reduced demand for their products/services, and
- 13% said they had to access additional financial support.

COVID-19 has reduced household income:

55% of those furloughed/not working, 47% of the self-employed, and 12% of employees reported they had experienced a substantial reduction in their household income in the past week



Island Global Research is running a similar survey each week to track the impact of COVID-19 on people in Jersey, Guernsey and Isle of Man.

Surveys on the 'Impact of COVID-19' were undertaken by Island Global Research in weeks commencing 23 March, 30 March and 6 April. The latest survey was completed by 1,595 residents in the Crown Dependencies. (688 Guernsey, 515 Jersey, and 392 Isle of Man).

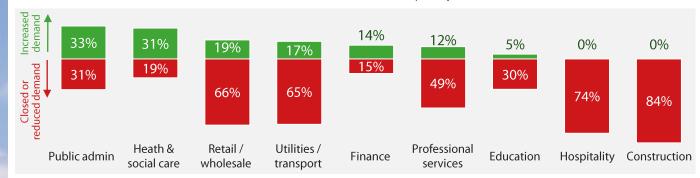
IMPACT OF COVID-19 ON WORK AND BUSINESS

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(RESPONSES FROM 23 MARCH – 12 APRIL)

Our experience of COVID-19 depends on the sector we work in. Many respondents indicated COVID-19 had impacted the demand for their products/services or that their business is now closed.

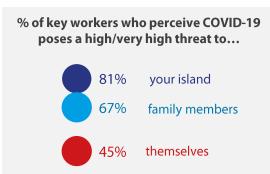
Finance, which is the largest sector in each island, appears relatively resilient. Unsurprisingly, public administration and health and social care have seen an increased demand, while hospitality and construction are the hardest hit.



Around 1 in 5 of survey respondents are key workers.

- 28% of key workers said they had seen an increased demand for their products/services in the past week.
- 29% had worked extra hours, though this was close to 50% among those working in health and social care.

Key workers perceive the level of threat COVID-19 poses to themselves as higher than workers in non-essential roles: (45% vs 36%). But they are more concerned about the threat to family members and the island as a whole than they are to themselves.



All of us at Island Global Research would like to say thank you to our leaders and key workers.

Many respondents have also expressed their appreciation. These are just a few of the comments we've received.

"Thankful we have such wonderful nurses, carers, and all those keeping the island ticking over."

"We'll come through this, and many, many thanks to ALL the key workers."

"Shop assistants doing a great job, very undervalued!"

"Well done to those keeping tabs on C-19, caring for sick and vulnerable, training new workers in pathology, training and learning icu techniques, creating new icu, selling food, collecting rubbish the list goes on and on. Thank you, you are doing a great job and we owe you xxx"

"I believe that as an Island community we are better placed than the UK to combat and manage this threat. As Islands we have a stronger can do attitude and can change direction quicker than others when required to do so."

"Thank you to Guernsey's leaders and essential workers for all you are doing. This experience would be far, far, far worse without your outstanding work."

"Amazing sense of community in Jersey has been wonderful and uplifting"

"I support what is being done on the Isle of Man and applaud and thank both the government, NHS workers and all the services who are working to overcome and aid the rest of us. Thank you."

JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. Many thanks to everyone for sharing your experience.

Take part via: www.islandglobalresearch.com/news

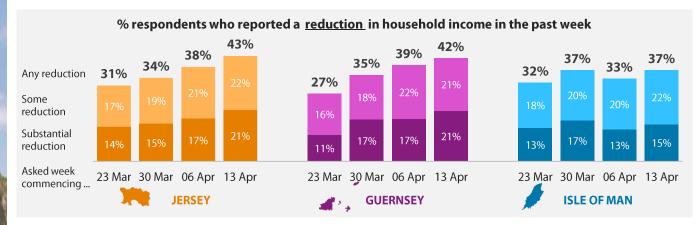


IMPACT OF COVID-19 ON HOUSEHOLD INCOME

(RESPONSES FROM 23 MARCH - 19 APRIL)

Over the past 4 weeks, we have asked respondents in Jersey, Guernsey and the Isle of Man whether COVID-19 has had a direct impact on their household income.

- The majority of survey respondents told us that COVID-19 has had no or minimal direct impact on their household income. Less than 5% said their household income had increased.
- An increasing percentage of survey respondents have experienced some reduction, or a substantial reduction, in household income in the past week. In the latest survey, the percentage of respondents who had experienced any (i.e. some or substantial) reduction in their income was: 43% in Jersey, 42% in Guernsey and 37% in the Isle of Man.



Sub-group analysis helps to identify the characteristics of those more likely to have experienced a loss of income.

In the latest survey, 41% respondents across the three islands reported a loss of household income past week.

Those more likely to have experienced a loss of household income are:

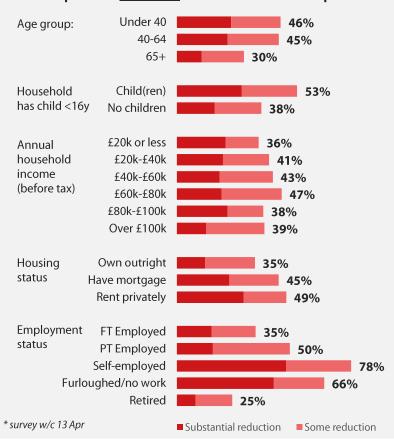
- aged under 65,
- in a household that has one or more children under 16 years,
- have a mortgage or rent privately,
- be self-employed, furloughed/not working due to COVID-19, or part-time employed.

JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man.

www.islandglobalresearch.com/news

The latest survey was completed by 1728 residents in the Crown Dependencies. (722 Guernsey, 606 Jersey, and 400 Isle of Man).

% who reported a reduction in household income in past week*



IMPACT OF COVID-19 ON LIFE ON OUR ISLANDS

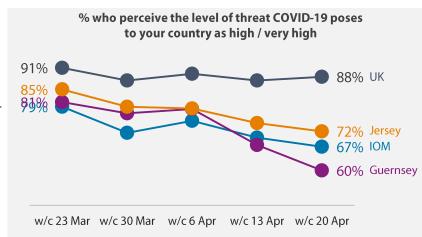
(RESPONSES FROM 23 MARCH - 26APRIL)

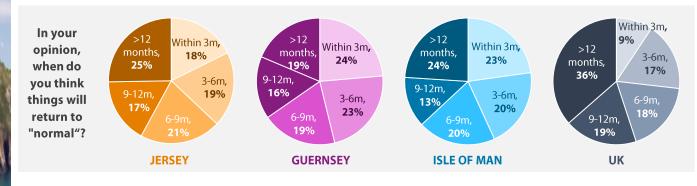
Each week we have asked respondents in Jersey, Guernsey and the Isle of Man about the level of threat that COVID-19 poses to our islands and to the UK.

The latest results show that fewer survey respondents think COVID-19 poses a high or very high threat to our islands (i.e. rate the threat as 7+ out of 10) than before.

We are more positive about the level of threat to our islands than to the UK.

We are also more optimistic about when "normal" life will be resumed on our islands than we are about the UK.



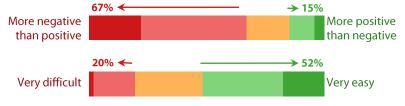


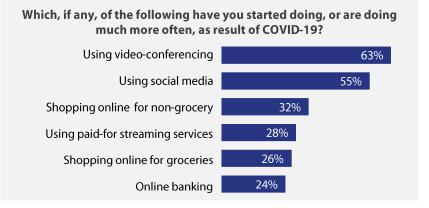
We asked respondents to tell us how their lifestyle has been impacted, and how easy or difficult they have found it to comply with the stay at home requirements. In the past week,

- two-thirds said the impact had been more negative than positive.
- more than half said they had found it easy or very easy to comply.

We also learnt that because of COVID-19,

- 43% of respondents have become closer to family, friends and/or neighbours;
- 28% have tried something new or sought to develop their skills; and
- 83% have been making more use of online services.





JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

The latest survey was completed by 1528 residents in the Crown Dependencies. (592 Guernsey, 496 Jersey, and 440 Isle of Man).

IMPACT OF COVID-19 ON WELLBEING ON OUR ISLANDS

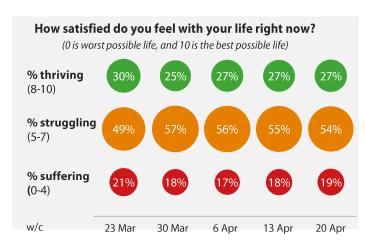
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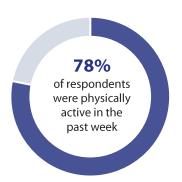
(RESPONSES FROM 23 MARCH – 26 APRIL)

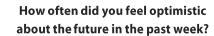
Over the past 5 weeks, respondents in Jersey, Guernsey and the Isle of Man have rated their satisfaction with life out of 10, where 0 is the worst and 10 is the best possible life. The results have been reasonably stable over this period.

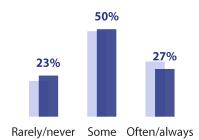
Additional questions on wellbeing were asked in the w/c 6 and 20 April. Overall results are summarised here.

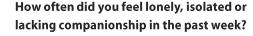
- 78% had undertaken exercise in the past week. 52% had done the same or more exercise than before, while 35% done less (including 9% who exercised regularly before but had not in the past week).
- 46% had experienced moderate or large amounts of stress or anxiety in the previous week.
- Health of family/friends and news about COVID were the most frequently cited causes of stress and anxiety. But fewer respondents selected these causes in w/c 20 April than in w/c 6 April.

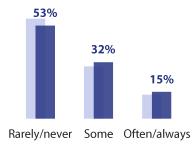






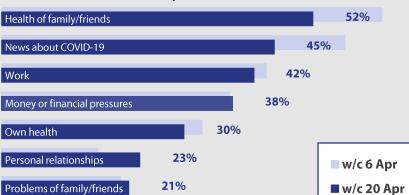








Of those who experienced a moderate or large amount of stress/anxiety, % who selected ... as a cause



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To see more results or take part: www.islandglobalresearch.com/news

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IMPACT OF COVID-19 ON WELLBEING IN JERSEY

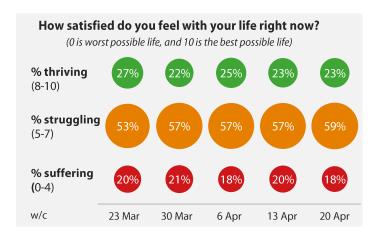
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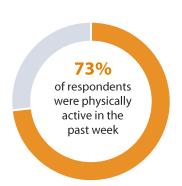
(RESPONSES FROM 23 MARCH – 26 APRIL)

Over the past 5 weeks, survey respondents in Jersey have rated their satisfaction with life out of 10, where 0 is the worst possible life and 10 is the best possible life. The results have been reasonably stable over this period.

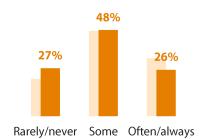
Additional questions on wellbeing were asked in the w/c 6 and 20 April. Overall results are summarised here.

- 73% had undertaken exercise in the past week. 59% had done the same or more exercise than before, while 40% done less (including 11% who exercised regularly before but had not in the past week).
- 50% had experienced moderate or large amounts of stress or anxiety in the previous week.
- Health of family/friends and news about COVID were the most frequently cited causes of stress and anxiety. But fewer respondents selected these causes in w/c 20 April than in w/c 6 April.

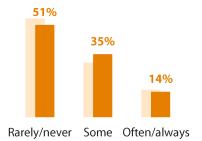


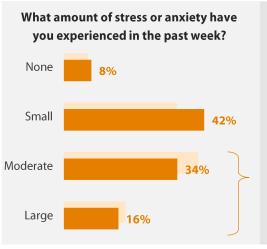


How often did you feel optimistic about the future in the past week?

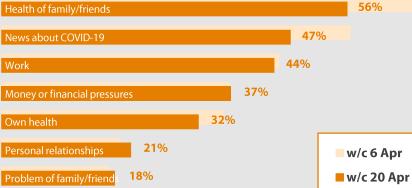


How often did you feel lonely, isolated or lacking companionship in the past week?





Of those who experienced a moderate or large amount of stress/anxiety, % who selected ... as a cause



Details of local services that can help you:

Jersey: https://www.gov.je/health/coronavirus/Pages/Index.aspx and https://www.mindjersey.org/contact/

If you are experiencing particularly low mood or high levels of anxiety or stress for a sustained period of time, it is advised that you contact your GP to discuss how they can help, and the support that they can provide.





IMPACT OF COVID-19 ON WELLBEING IN GUERNSEY

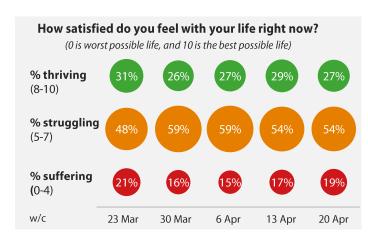
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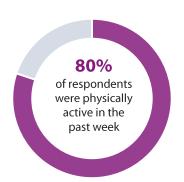
(RESPONSES FROM 23 MARCH – 26 APRIL)

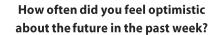
Over the past 5 weeks, survey respondents in Guernsey have rated their satisfaction with life out of 10, where 0 is the worst possible life and 10 is the best possible life. The results have been reasonably stable over this period.

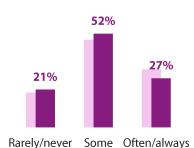
Additional questions on wellbeing were asked in the w/c 6 and 20 April. Overall results are summarised here.

- 80% had undertaken exercise in the past week. 68% had done the same or more exercise than before, while 32% done less (including 8% who exercised regularly before but had not in the past week).
- 45% had experienced moderate or large amounts of stress or anxiety in the previous week.
- Health of family/friends and news about COVID were the most frequently cited causes of stress and anxiety. But fewer respondents selected these causes in w/c 20 April than in w/c 6 April.

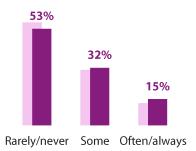


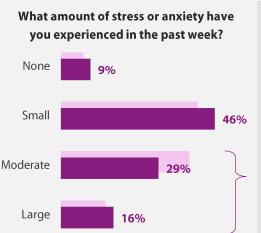




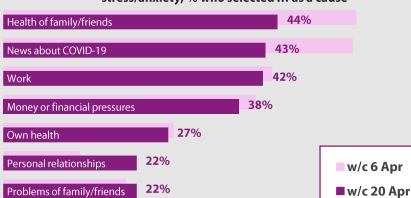


How often did you feel lonely, isolated or lacking companionship in the past week?





Of those who experienced a moderate or large amount of stress/anxiety, % who selected ... as a cause



Details of local services that can help you:

Guernsey: https://www.gov.gg/Covid19together and https://www.gov.gg/covid19community

If you are experiencing particularly low mood or high levels of anxiety or stress for a sustained period of time, it is advised that you contact your GP to discuss how they can help, and the support that they can provide.





IMPACT OF COVID-19 ON WELLBEING IN THE ISLE OF MAN

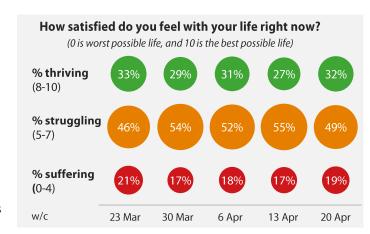
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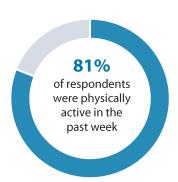
(RESPONSES FROM 23 MARCH – 26 APRIL)

Over the past 5 weeks, survey respondents in the Isle of Man have rated their satisfaction with life out of 10, where 0 is the worst possible life and 10 is the best possible life. The results have been reasonably stable over this period.

Additional questions on wellbeing were asked in the w/c 6 and 20 April. Overall results are summarised here.

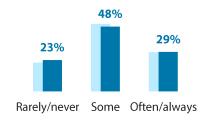
- 81% had undertaken exercise in the past week. 68% had done the same or more exercise than before, while 32% done less (including 6% who exercised regularly before but had not in the past week).
- 42% had experienced moderate or large amounts of stress or anxiety in the previous week.
- Health of family/friends and news about COVID were the most frequently cited causes of stress and anxiety. But fewer respondents selected these causes in w/c 20 April than in w/c 6 April.

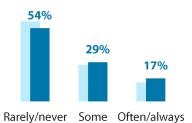


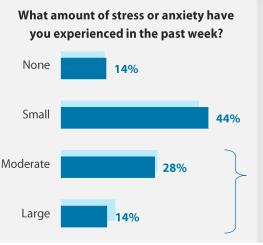


How often did you feel optimistic about the future in the past week?

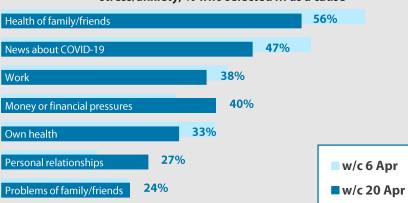
How often did you feel lonely, isolated or lacking companionship in the past week?







Of those who experienced a moderate or large amount of stress/anxiety, % who selected \dots as a cause



Details of local services that can help you:

Isle of man: https://covid19.gov.im/health-wellbeing/mental-health/

If you are experiencing particularly low mood or high levels of anxiety or stress for a sustained period of time, it is advised that you contact your GP to discuss how they can help, and the support that they can provide.

IMPACT OF COVID-19: MORE ON WELLBEING

1/2

(RESPONSES FROM 20 - 26 APRIL)

Each week survey respondents in Jersey, Guernsey and the Isle of Man have been rating their satisfaction with life out of 10, where 0 is the worst possible life and 10 is the best possible life.*

* Based on Cantril's ladder.

In this summary we look in more detail at those who rated their satisfaction with life as less than 5 out of 10.

How satisfied do you feel with your life right now?

(0 is worst possible life, and 10 is the best possible life)



19% 'suffering' (rated 0-4) 54% 'struggling' (rated 5-7)

27% 'thriving (rated 8-10)

Respondents who are 'suffering' were more likely to say...

- the impact on their lifestyle had been much more negative than positive
- they had found it difficult or very difficult to comply with the stay at home requirements

They were also more likely to report in the past week ...

- they rarely or never feel optimistic about the future
 - often or always feel lonely, isolated or lacking companionship
 - had experienced a large amount of stress
 - had experienced a substantial reduction in their household income

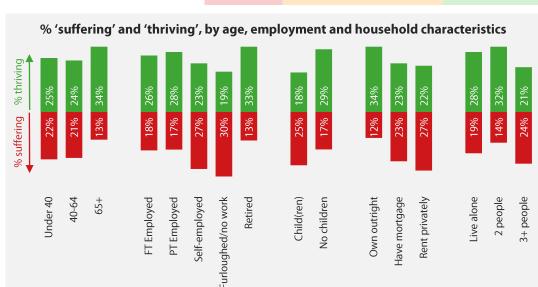
Suffering	Struggling	Thriving		
62%	17%	5%		
40%	19%	6%		

60% 19% 6%

- 40% 12% 4%
- 45% 11% 3%
- **16**% **13**%

This graph shows life satisfaction by age, employment and household factors. Those more likely to be 'suffering' are:

- aged under 65,
- self-employed, or furloughed/not working due to COVID-19,
- have children,
- rent privately, or have a mortgage.



JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. To see results or take part: www.islandglobalresearch.com/news

The survey in w/c 20 April was completed by 1528 residents in the Crown Dependencies. (592 Guernsey, 496 Jersey, and 440 Isle of Man).

2/2



IMPACT OF COVID-19: MORE ON WELLBEING

(RESPONSES FROM 20 - 26 APRIL)

From your comments, there is no doubt that many people are finding that it can be hard to stay positive during the COVID-19 crisis. Some of you write about feeling anxious, lonely or depressed. A few of you have been unwell, or have lost loved ones.

From what you write, it is clear that social contact is really important.

- Many people said they have found phone calls, and videoconferencing invaluable for keeping in touch.
- Also, respondents who are 'thriving' were more likely to say they have become closer to family, friends or neighbours, than those who are 'suffering' (50% compared to 30%).

For some, being in lockdown means having less time available as they juggle work and other responsibilities, such as home-schooling. However, there are others who now have more time.

28% of respondents have tried something new or have sought to develop your skills, with a diverse range of activities (see right).

"Thank you for sharing your experience. I think it is important to acknowledge how we are feeling at the moment, and I would encourage anyone who is finding life difficult to make use of the support available."

Lindsay Jefferies, IGR's Managing Director.

You've been: ...

- Gardening growing flowers, herbs, veg,
- Home improvements DIY and tidying up
- Crafting knitting, crochet, cross stitch, ...
- Learning languages Greek, Polish, Spanish...
- Playing instruments piano, guitar, ukulele,
- Art photography, drawing, watercolours
- Trying out new recipes and baking
- Improving IT skills Excel, Photoshop
- Online courses, professional development

What have you been doing to stay positive?

Here are just a few of your comments:

"The two hours to exercise

are so important, the only

thing keeping me sane!"

"Long walks with the dogs, crochet, catch up TV"

"Picking up the phone

and speaking to people

more than I have for

years - as opposed to

text/what's app"

"Weekly 'social' catch ups via Zoom with colleagues - we've had a quiz and bingo so far! "

> "I started half an hour yoga in the morning, and I'll try and make fresh tea like mint or ginger which I never did before"

"I have stayed positive because I realise that there will be an end to this"

"I am keeping a journal and taking a photo a day"

> "Avoiding the news - only checking it once a day"

"Making face masks for healthcare workers Doing my family tree Quilting. Anything to keep busy."

"I'm enjoying the slower pace of life, everything seems quieter and more peaceful, I'm finding more time to do things at home and in the garden and the pressure to achieve and be super active each day is fading now, and instead I'm actually doing more!"

> "I make a list if 3 tasks daily to make me feel productive ... a lot of cooking ... catching up on jobs that have been put off forever!"

Thank you for helping others.

68% of respondents are helping people outside their immediate household.

Among those aged 70+ or who consider themselves to be in a high-risk group:

- 53% have received help from outside their immediate household.
- Most of those who haven't received help said they don't need any, but there are just over 10% who either prefer not to ask for help, or don't know who to ask.

Details of local services offering help:



Jersey: 01534 445566 / coronavirushelpline@gov.je https://www.gov.je/Health/Coronavirus/Volunteering/Pag es/CoronavirusVolunteering.aspx



Guernsey: 01481 717118 (non-clinical) / covid19enquiries@gov.gg https://covid19.gov.gg/together/community



Isle of Man: Tel: 01624 282262 (non-clinical) https://covid19.gov.im/community-support/charitiesthat-can-help/

If you are experiencing particularly low mood or high levels of anxiety or stress for a sustained period of time, it is advised that you contact your GP to discuss how they can help, and the support that they can provide.

IMPACT OF COVID-19 ON EDUCATION

(RESPONSES FROM 27 APRIL – 3 MAY)

We asked people living in Jersey, Guernsey and the Isle of Man who are parents or guardians of children who are under 16 or in full-time education about the impact of COVID-19 on their children's education.

- 33% said they were very concerned, and a further 39% are somewhat concerned.
- Those with older children tended to be more concerned than those with younger children.

Concerns related to both academic and social skills. Some were concerned about exams. A few with older children commented on the adverse impact of COVID-19 on post-education employment opportunities.

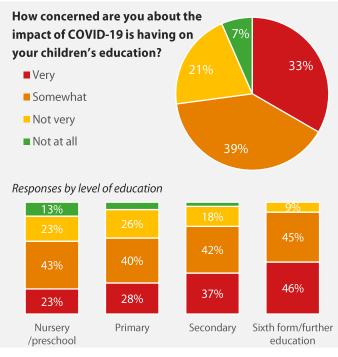
53% of who are employed or self-employed with children at home said their work has been affected:

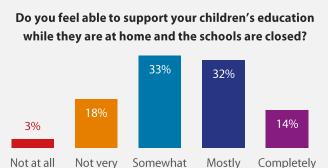
 22% were less productive, 21% worked flexible hours, 7% worked fewer hours, and 6% were unable to work.

Support offered by teachers and schools was appreciated. 93% said they had been able to access online resources recommended by their school/college.

46% of parents/guardians felt they were mostly or completely able to support to their child.

Many comments noted the challenge of providing support alongside work and other demands. The experience described depended on child's age, their motivation, the home learning environment, and challenges in managing competing demands.





Thank you for sharing your experience. Here are just a few of the comments we've received:

Hard juggling work and helping them with school work, especially as we all need access to the computer.

The school have been brilliant and provided school work online and my child has been able to stick as best as they can to their daily timetable.

Teenager getting more isolated. Missing face to face contact.

The children have adapted well, communicate daily with teachers and I have found it gives the children stability in their daily routine.

It's more stressful having the kids here whilst trying to work, but equally it's lovely having them around!

They are missing their friends enormously.

Hard to manage working - but have timetable in place to give structure.

My child is not naturally organised or motivated. So schooling was very hard.

Parents are expected to work from home, run household and home school children-it's impossible to do it all!

Positive experience, we've been impressed with how the kids are taking their responsibility seriously.

JOIN THE SURVEY: Island Global Research is running a similar survey each week to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. For results or to take part: www.islandglobalresearch.com/news

The survey was completed by 1,684 residents in the Crown Dependencies. (685 Guernsey, 582 Jersey, and 427 Isle of Man). 307 respondents said were a parent/quardian of a child or children aged under 16 or in full-time education.

IMPACT OF COVID-19 ON LIFE ON OUR ISLANDS

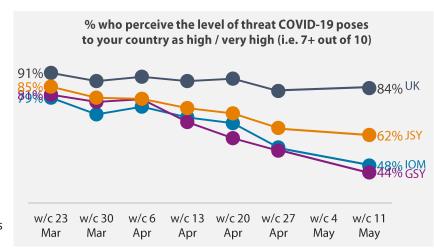
(UPDATED; RESPONSES FROM 23 MARCH - 17 MAY)

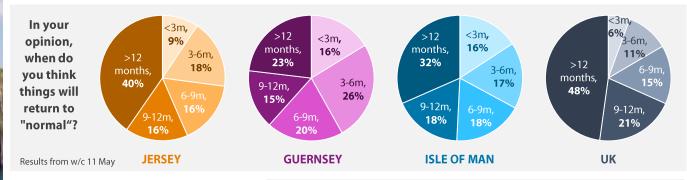
Respondents in Jersey, Guernsey and the Isle of Man have been rating the level of threat that COVID-19 poses to their island and to the UK out of 10.

The level of threat on our islands has been reducing over time, with respondents in Guernsey and the Isle of Man less concerned than those in Jersey.

We are all more positive about the level of threat to our islands than to the UK.

We are also more optimistic about when "normal" life will be resumed on our islands than we are about the UK.

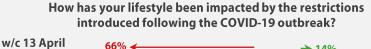


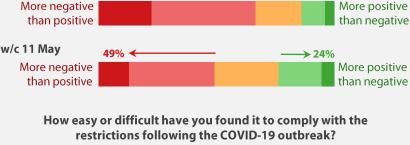


66% ←

Respondents have been telling us how their lifestyle has been impacted, and how easy or difficult they have found it to comply with the requirements. Here we show the latest results with those from w/c 13 April.

- In the past week, 49% said the impact had been more negative than positive, while 24% said the impact has been more positive than negative.
- These results are an improvement on the previous month, when two-thirds of respondents said the impact had been more negative than positive
- In the past week almost 60% said they had found it easy or very easy to comply.
- These results show a small improvement on the previous month.





w/c 13 April Very difficult Very easy w/c 11 May 13% € Very difficult Very easy

JOIN THE SURVEY: Island Global Research is regularly running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

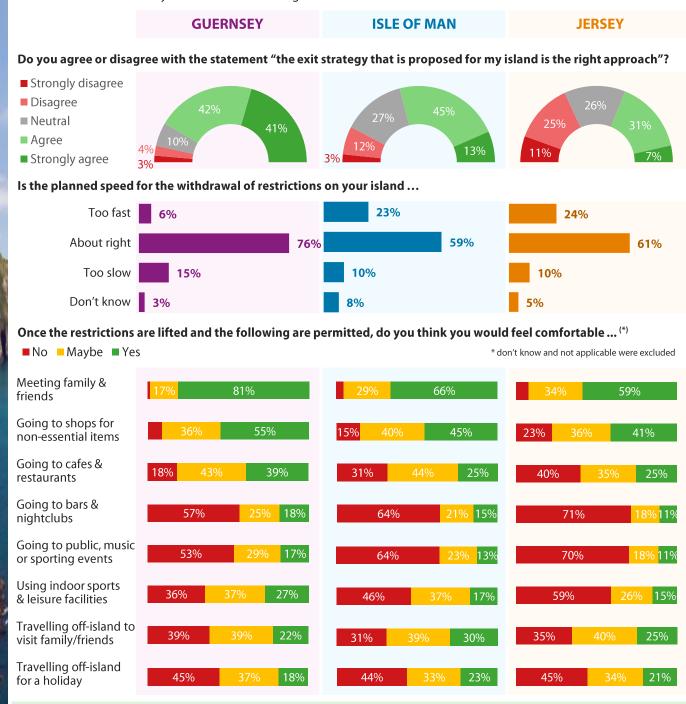
The latest survey was completed by 1560 residents in the Crown Dependencies. (601 Guernsey, 555 Jersey, and 404 Isle of Man).



IMPACT OF COVID-19: LOOKING TO THE FUTURE

(RESPONSES FROM 11 – 17 MAY)

In the latest survey on the impact of COVID-19, we asked respondents in Jersey, Guernsey and the Isle of Man about their island's strategy for the removal of the restrictions that have been put in place following the COVID-19 outbreak, and how comfortable they would feel undertaking different activities when the once the restrictions have been lifted.



JOIN THE SURVEY: Island Global Research is regularly running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

The survey in the w/c 11 May was completed by 1560 residents in the Crown Dependencies. (601 Guernsey, 555 Jersey, and 404 Isle of Man).

IMPACT OF COVID-19 ON WORK AND BUSINESS

(RESPONSES FROM 11-17 MAY)

Our latest survey revisited the impact of COVID-19 on work and business.

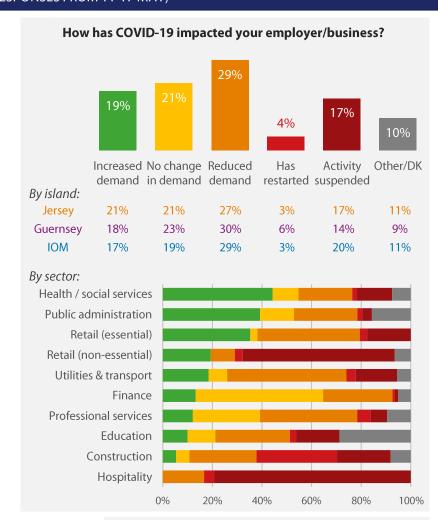
Results are from respondents in Jersey, Guernsey and the Isle of Man who were economically active (i.e. employed, selfemployed, furloughed or not working due to COVID-19).

Almost 20% said they had experienced an increased demand, however 29% had experienced a reduced demand for their products/services, and 17% said activity was suspended. Results were similar across the islands, but differed by sector.

Around a third of respondents said their employer/business had accessed financial support or undertaken one or more cost-saving measures:

- 14% had to access financial support;
- 12% had to furlough (some or all) staff;
- 4% had to make staff redundant or terminate contracts;
- 13% had taken other cost-saving measures.

45% said had no measures had been taken, and the remaining 24% did not know or preferred not to answer.

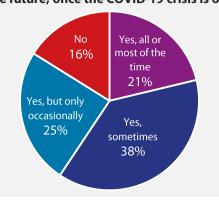




In the past week, **55%** of respondents who are employed or self-employed worked from home all or some of the time.







Island Global Research is running surveys to track the impact of COVID-19 on people in Jersey, Guernsey and Isle of Man.

Thanks for taking part and sharing your experience. More details: www.islandglobalresearch.com/news

Surveys on the 'Impact of COVID-19' have been undertaken since 23 March. The survey in w/c 11 May was completed by 1,560 residents in the Crown Dependencies. (601 Guernsey, 555 Jersey, and 404 Isle of Man).

IMPACT OF COVID-19 ON LIFE ON OUR ISLANDS

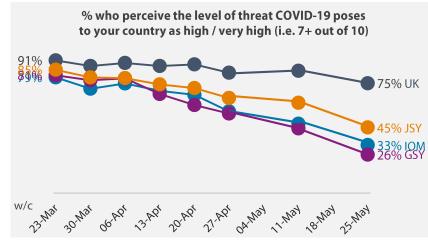
(UPDATED; RESPONSES FROM 23 MARCH - 31 MAY)

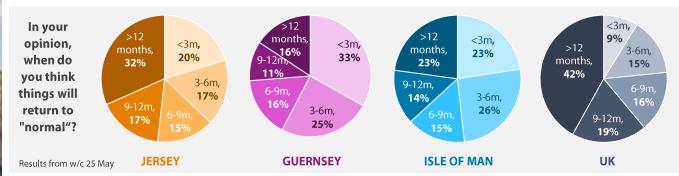
Respondents in Jersey, Guernsey and the Isle of Man have been rating the level of threat that COVID-19 poses to their island and to the UK out of 10.

The level of threat on our islands has been reducing over time, with respondents in Guernsey and the Isle of Man less concerned than those in Jersey.

We continue to be more positive about the level of threat to our islands than to the UK.

We are also more optimistic about when "normal" life will be resumed on our islands than we are about the UK.



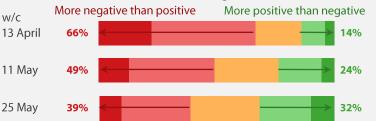


Respondents have been telling us how their lifestyle has been impacted, and how easy or difficult they have found it to comply with the requirements.

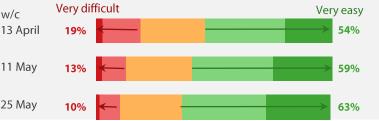
The graphs on the right show the latest results compared to those from w/c 13 April and w/c 11 May:

- In the past week, 39% said the impact had been more negative than positive, while 32% said the impact has been more positive than negative.
- In the past week more than 60% said they had found it easy or very easy to comply, compared to just 10% show said it had been difficult or very difficult.

In the past week, how has your lifestyle been impacted by the restrictions introduced following the COVID-19 outbreak?



In the past week, how easy or difficult have you found it to comply with the restrictions following the COVID-19 outbreak?



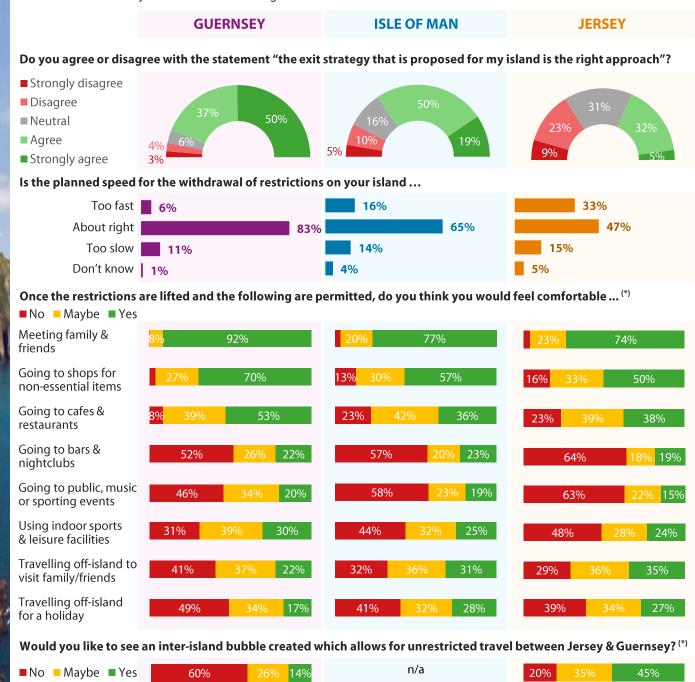
ABOUT THE SURVEY: Island Global Research is regularly running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

The latest survey was completed by 1436 residents in the Crown Dependencies. (547 Guernsey, 481 Jersey, and 408 Isle of Man).

IMPACT OF COVID-19: LOOKING TO THE FUTURE

(UPDATED; RESPONSES FROM 25 – 31 MAY)

In the latest survey on the impact of COVID-19, asks respondents in Jersey, Guernsey and the Isle of Man about their island's strategy for the removal of the restrictions that have been put in place following the COVID-19 outbreak, and how comfortable they would feel undertaking different activities when the once the restrictions have been lifted.



* don't know and not applicable were excluded

ABOUT THE SURVEY: Island Global Research is regularly running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

The survey in the w/c 25 May was completed by 1436 residents in the Crown Dependencies. (547 Guernsey, 481 Jersey, and 408 Isle of Man).

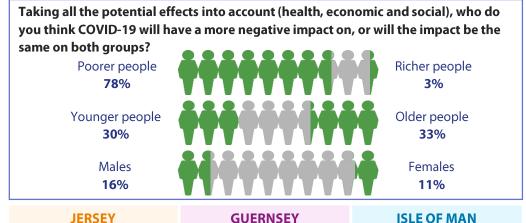


COVID-19: RELATIVE IMPACT & CONCERNS

(RESPONSES FROM 25 – 31 MAY)

Island Global Research is regularly running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man.

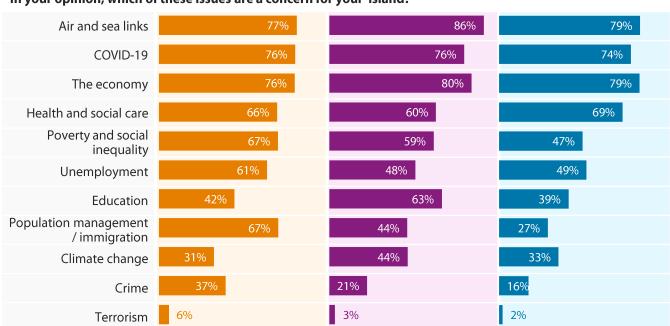
In the w/c 25 May, we asked who has been more affected by COVID-19 and what issues are currently a concern for their island.



GUERNSEY

ISLE OF MAN

In your opinion, which of these issues are a concern for your island?



Of these, which are you most concerned about at this time? The top five for each island were:

1.	COVID-19 (43%)	COVID-19 (33%)	COVID-19 (38%)
2.	The economy (15%)	The economy (26%)	The economy (21%)
3.	Poverty & inequality (11%)	Air and sea links (11%)	Health & social care (13%)
4.	Population mgmt. / immigration (8%)	Poverty & inequality (9%)	Air & sea links (8%)
5.	Air & sea links (8%)	Education (6%) / Health & social care (6%)	Poverty & inequality (7%)

ABOUT THE SURVEY: The COVID-19 Impact Survey in the w/c 25 May was completed by 1436 residents in the Crown Dependencies. (547 Guernsey, 481 Jersey, and 408 Isle of Man).

More results are available at: www.islandglobalresearch.com/news

IMPACT OF COVID-19: EXIT STRATEGIES

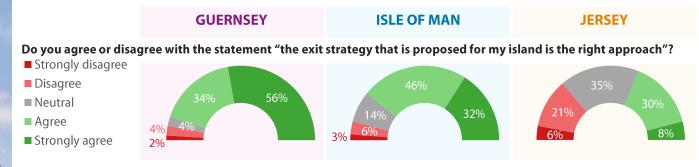
(RESPONSES 22 – 28 JUNE)

In the latest survey on the impact of COVID-19, we asked respondents in Jersey, Guernsey and the Isle of Man about their island's strategy for the removal of the restrictions that have been put in place following the COVID-19 outbreak, and how comfortable they would feel undertaking different activities when the once the restrictions have been lifted.

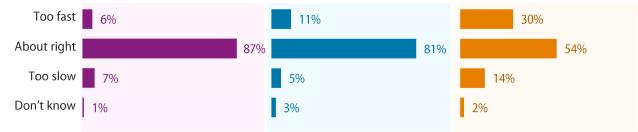
We have been tracking perceptions about the level of threat that COVID-19 poses to our islands and to the UK.* The latest results are very similar to those recorded 4 weeks ago:

% who perceive the level of threat to be high or very high: to Guernsey: 26% to Jersey: 37% to Isle of Man: 24% to the UK: 73%

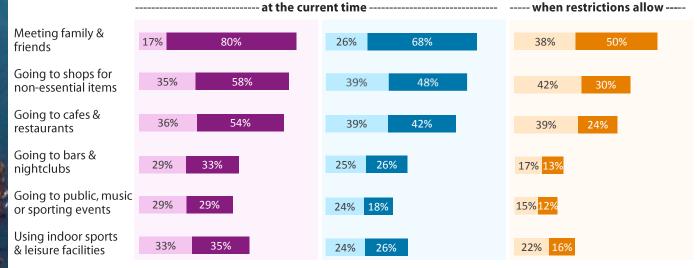
* rated out of 10, where 7 & 8 = high; 9 & 10 = very high



Is the planned speed for the withdrawal of restrictions on your island \dots



% of respondents who feel fairly/very comfortable doing the following activities...**



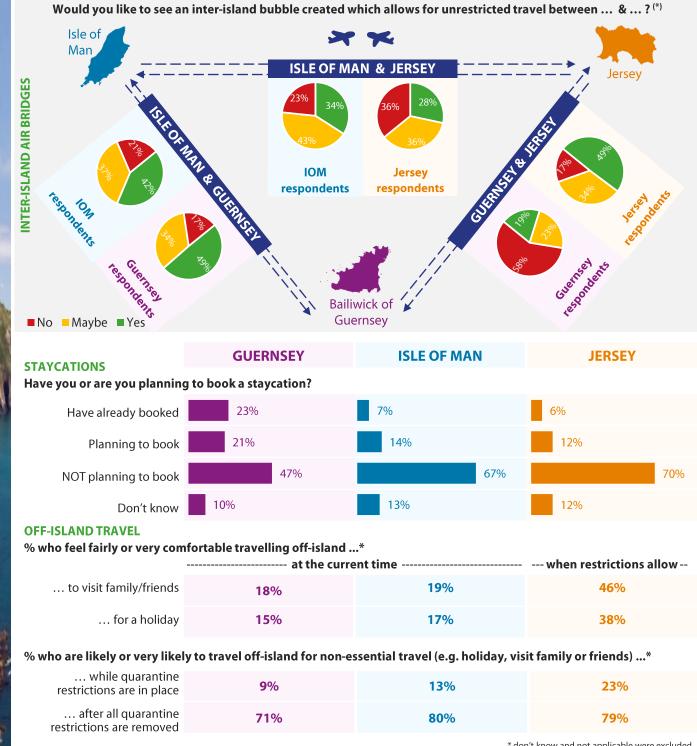
** % fairly comfortable = lighter shade; % very comfortable = darker shade; don't know and not applicable were excluded

JOIN THE SURVEY: Island Global Research has been running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

The latest survey was completed by 1340 residents in the Crown Dependencies. (501 Guernsey, 454 Jersey, and 367 Isle of Man).

IMPACT OF COVID-19: TRAVEL

(RESPONSES 22 - 28 JUNE)



* don't know and not applicable were excluded

ABOUT THE SURVEY: Island Global Research has been running surveys to track the impact of COVID-19 on islanders in Jersey, Guernsey and Isle of Man. www.islandglobalresearch.com/news

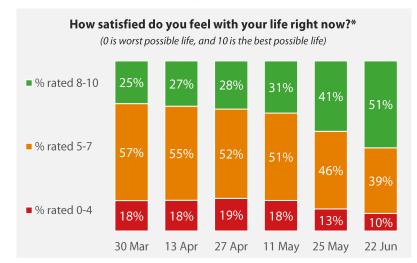
The latest survey was completed by 1340 residents in the Crown Dependencies. (501 Guernsey, 454 Jersey, and 367 Isle of Man).

IMPACT OF COVID-19 ON WELLBEING ON OUR ISLANDS

(RESPONSES 30 MARCH - 28 JUNE)

Overall the life satisfaction and wellbeing of survey respondents has improved since the end of March. These improvements are greater in Guernsey and the Isle of Man than in Jersey.

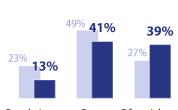
- In the latest survey 51% of respondents across the Crown Dependencies rated their life satisfaction as 8 or more out 10, and are said to be 'thriving'. (58% Guernsey; 59% Isle of Man and 31% in Jersey).
- Respondents were more likely to feel optimistic and do the same or more exercise than prior to COVID; and less likely to feel lonely and less likely to feel moderate or large amounts of stress than w/c 20 April. This is true in all 3 islands, but more so in Guernsey and the Isle of Man.
- Work is now the most frequently selected cause of stress/anxiety (45%).





78% of these are doing the same or more exercise than before COVID (65% w/c 20 April)

How often did you feel optimistic about the future in the past week?

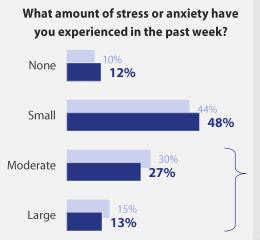


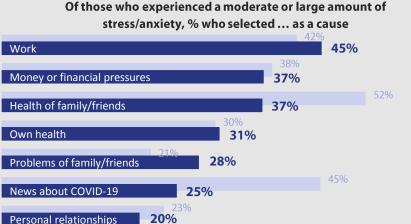
Rarely/never Some Often/always

How often did you feel lonely, isolated or lacking companionship in the past week?



Rarely/never Some Often/always





To see more results: www.islandglobalresearch.com/news

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*Based on Cantril's Ladder

IMPACT OF COVID-19 ON WORK AND BUSINESS

(RESPONSES FROM 22-28 JUNE)

Our latest survey revisited the impact of COVID-19 on work and business.

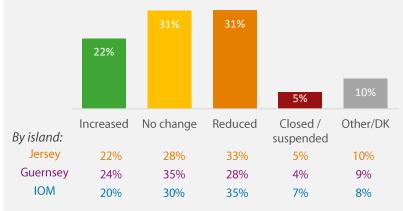
Results are from respondents in Jersey, Guernsey and the Isle of Man who were economically active (i.e. employed, selfemployed, furloughed or not working due to COVID-19).

22% said they had experienced an increased demand, however 31% had experienced a reduced demand for their products/services, and 5% said activity was suspended or their business closed. Results were similar across the islands, but differed by sector.

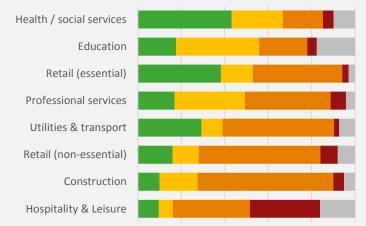
21% of respondents in Jersey believe demand will be back to pre-COVID levels within 2 months, compared to around 26% of those in Guernsey and Isle of Man.



of respondents were aware their employer/business is making or considering making changes to working practices due to COVID-19. At your place of work, how would you describe the <u>current level</u> of demand for products/services <u>compared to this time last year?</u>



By sector:



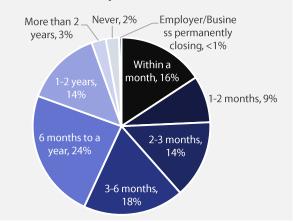
Those working in public administration and finance were more likely to say their place of work is making changes (72% and 58% respectively, compared to 21-35% of respondents in other sectors). Examples of changes included:

- More working from home
- Flexible hours
- Change of shift patterns
- Improved sanitation and increased distancing
- More digital working & greater use of technology/ non-paper based solutions
- Investment in website and other changes to reach new markets

Some respondents also noted reductions in working hours and salaries, and possible redundancies

OF THOSE WITH REDUCED DEMAND / SUSPENSION:

When do you think demand for products/services will return to "pre-COVID" levels?



To see more results: www.islandglobalresearch.com/news

The latest survey was completed by 1340 residents in the Crown Dependencies. (519 Guernsey, 454Jersey, and 367 Isle of Man).



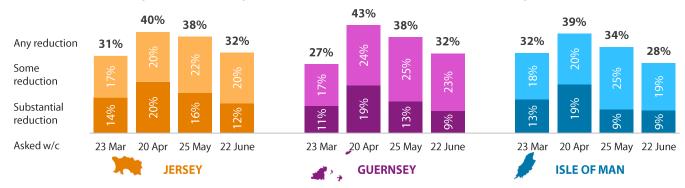
IMPACT OF COVID-19 ON HOUSEHOLD INCOME

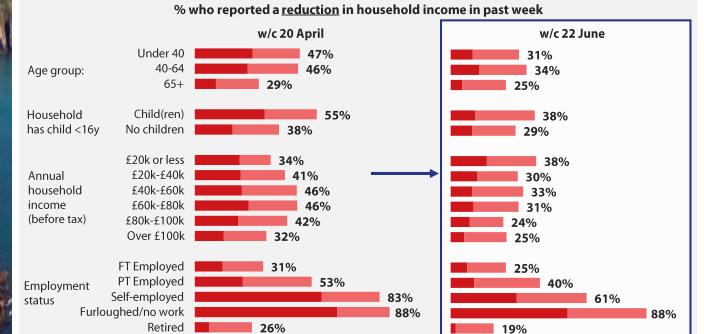
(RESPONSES FROM 23 MARCH - 28 JUNE)

Over the past 4 months, we have asked respondents in Jersey, Guernsey and the Isle of Man whether COVID-19 has had a direct impact on their household income.

- Over this period the majority of survey respondents have been telling us COVID-19 has had no or minimal direct impact on their household income. Less than 5% have said their household income has increased.
- In the latest survey, the percentage of respondents who have experienced any (i.e. some or substantial) reduction in their income was: 32% in Jersey, 32% in Guernsey and 28% in the Isle of Man.
- This is down compared to the past two months. In the w/c 20 April 40% in Jersey, 43% in Guernsey and 39% in the Isle of Man reported a reduction in their household income. This reduction is also reflected in the reported reduction by sub-group.

% respondents who reported a reduction in household income in the past week





■ Some reduction

The latest survey was completed by 1340 residents in the Crown Dependencies. (519 Guernsey, 454 Jersey, and 367 Isle of Man).

For more results:

www.islandglobalresearch.com/news

Those more likely to be experiencing a loss of household income are:

aged under 65,

■ Substantial reduction

- in a household that has one or more children under 16 years,
- earning £20k or less, as of the latest survey. Impact on middle/higher earners has begun to reduce.
- furloughed/not working due to COVID-19, self- or part-time employed.

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